SYMPTOMS LOG

Rate the symptoms from **0 (none) to 5** (Very Severe)

Joint Pain	SUN	MON	TUE	WED	THUR	FRI	SAT	
knees								
hips								
elbow								
shoulder								
Back Pain								
Bleeding Gums								
Night Sweats								
Hair Loss								
blotchy skin								
Eczema								
Pimples								
Psoriasis								
MS								